



SUBURBAN COMMANDO RETURNS!

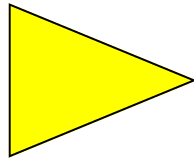
LIFT—CONDITION—NUTRITION

An Exclusive Fenton Fitness Challenge

JUNE 12 — JULY 21

MEN ONLY

BE THE HERO



"The challenge was just what the doctor, and my wife, ordered. Thank you Fenton Fitness for showing me how to change my life, step by step, day by day."

~Don S., Semi-Private Training member



- *Increase your strength and stamina!*
- *Lower your blood pressure and triglycerides!*
- *Increase your energy and productivity!*
- *Be at the top of your game!*

STRIVE FOR THE ULTIMATE TRANSFORMATION

12 Power-Driven Training Sessions

Expert Programming

Weekly Nutrition Consults

Motivation and Support

Sessions: 6:45am T/TH

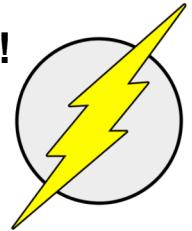
Cost: \$299

STRENGTH BONUS: Add 6 Barbell Club workouts (Fridays at 6:30am) **FREE!**

TAKE CONTROL OF YOUR LIFE and JOIN TODAY!

To register, call **Fenton Fitness** at **810-750-0351**

or send email to amy@fentonfitness.com



**STRONG MAN
STRONG MIND**



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